



THE MACS SHIPPING
SOUTHERN STAR RACE 2008
CAPE TOWN TO WALVIS BAY

SAILING INSTRUCTIONS

Race Committee

John Martin (Chairman)
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Felix Scheder-Bieschen
Dee Siebert (Race Secretary)

1 RULES:

- 1.1 This race is organised by the Royal Cape Yacht Club in conjunction with the Walvis Bay Yacht Club under the supervision of South African Sailing and is subject to all the rules and conditions as laid down in the Notice of Race and these Sailing Instructions (including amendments).
- 1.2 These Sailing Instructions shall be read in conjunction with the Notice of Race which shall be deemed to form an integral part of these Instructions. In the case of a conflict between the Notice of Race and the Sailing Instructions the Sailing Instructions shall prevail.
- 1.3 Part 2 of the ISAF Racing Rules of Sailing relating to right of way shall apply between 06h00 and 19h00 each day. Between 19h00 and 06h00 the International Regulations for the Prevention of Collisions at Sea Part B (steering and sailing) shall apply.

2 TIMES:

All times printed in these Sailing Instructions, unless otherwise stated, shall be taken as South African Local Time (UTC plus 2 hours).

3 OFFICIAL NOTICE BOARD:

The Official Notice Board will be situated at the Royal Cape Yacht Club foyer until the start of the race on 10th March 2008. Thereafter it will be situated at the Walvis Bay Yacht Club.

4 AMENDMENTS TO THE SAILING INSTRUCTIONS:

- 4.1 Amendments to the Sailing Instructions may be made by the Race Committee and posted on the Official Notice Board up to 3 hours before the start on the 10th March 2008.
- 4.2 Skippers are responsible for acquainting themselves with the details of any amendments, which will be posted on the Race Notice Board. Copies of any amendments to the Sailing Instructions will be available from the Race Secretary. Failure to receive a copy shall not invalidate the amendment or sustain a protest.

5 OUTSIDE ASSISTANCE:

While racing boats shall not use weather or navigational information or electronic aids which are not available to all competitors. No outside advice on routing shall be received during the race.

6 SAFETY REQUIREMENTS AND SCRUTINY:

- 6.1 All participating boats shall be in possession of a current Certificate of Fitness (category B) issued in terms of the Merchant Shipping (Small Vessels) Regulations 2002.
- 6.2 In addition to the requirement set forth above, each boat/entrant shall comply with the equipment requirements for category "A" boats and shall certify on the safety declaration that it does so comply . All boats shall carry an EPIRB registered with ICASA – details to be provided on the Safety Declaration Form.
- 6.3 Each boat shall also have on board a cellular telephone in working order with charged batteries. This is required as an additional safety measure and also to call Race Control in terms of SI 15.1.1. The Race Secretary is to be given the contact cell number/s for each boat together with the name of the nominated spokesperson.
- 6.4 Boats may be subject to a scrutiny by the Race Committee or a person appointed by it from Friday 7th March 2008 until 18h00 on Friday 14th March 2008 for compliance with the rules and regulations of this race. A safety declaration, to be signed by the skipper and one other crew member shall be furnished to the Race Committee by not later than 16h00 on Monday 3rd March 2008.
- 6.5 Crew lists and crew experience declarations (in the prescribed forms) as well as a copy of each boat's liferaft service certificate shall be handed to the Race Office by not later than 16h00 on Monday 3rd March 2008.

7 SKIPPERS BRIEFING:

A compulsory skippers briefing will be held at the Royal Cape Yacht Club on Tuesday 4th March 2008 at 17h30. At least two crew members of a yacht intending to compete in the race, one of whom shall be the skipper or navigator, shall attend.

8 COURSE:

The course shall be from the start line in Table Bay to the finish line in Walvis Bay.

9 START LINE:

The start line will be between the Royal Cape Yacht Club Bridge Hut and No.10 Harbour Buoy (Starboard).

10 STARTING TIME:

The time of the start shall be 12h00. The warning signal shall be made at 11h55.

11 STARTING:

- 11.1 All races will be started in accordance with RRS 26. The RCYC burgee shall be used as the Class flag. There will be one start for all divisions.
- 11.2 Times shall be taken from the visual signals and a failure or misfiring of a sound signal

calling attention to starting signals shall be disregarded.

12 RECALLS:

12.1 ISAF RRS 29 shall apply.

12.2 The Bridge Officer may attempt to inform all premature starters on VHF Channel 71, but failure to do so will not be grounds for redress.

13 BOATS ARRIVING LATE AT THE START:

Any boats wishing to start later than 15 minutes after the start may only do so by special arrangement with the Race Committee which must be made at least four hours before the boat is scheduled to start.

14 FINISH LINE:

14.1 The finish line will be a line between an Orange laid buoy with flashing light by night – approximate position 22°57' S 14°29' E and an inner quick green buoy marked No 27 at the end of the channel opposite berth No.8

14.2 Boats finishing shall cross the line in a East to West direction.

14.3 **Warning** – within 400 yards of the finish yachts could encounter moored yachts therefore bold alteration to the north is recommended.
Notice is also drawn to extremely shallow depths at approximately 22°56'.6 S 14°29'.45 E and 22°56'.9 S 14°29'.55 E

15 FINISHING PROCEDURE:

15.1 Boats shall, when nearing the end of the race, observe the following radio procedure:-

15.1.1 Report the boat's ETA to Walvis Bay Race Control on rounding Pelican Point by cellular telephone (**umber to be given at Skippers Briefing**) and on VHF Channel 71.

15.1.2 Report the boat's ETA on VHF Channel 71 to "Walvis Bay Race Control" when 1 mile from the finish.

15.1.3 The boat shall remain in radio contact till after finishing so that the boats identity and finishing time can be positively confirmed.

15.2 A boat's failure to report in the above manner will render it liable to a time penalty.

15.3 The skipper of each boat shall record the date and time of finishing on the boat's declaration form and lodge it with the Race Committee at the WBYC within six hours of crossing the finishing line.

15.4 The official finishing time of any boat shall be that recorded by the Race Committee.

15.5 When finishing between sunset and sunrise boats shall illuminate their sail numbers so that they may be identified by the finishing bridge crew.

16 TIME LIMIT:

The race will end at 12h00 on Saturday 15th March 2008 after which all boats that have not finished will be considered to have retired.

17 DECLARATION:

17.1 After a boat has finished, her skipper and navigator shall sign a declaration of compliance with the rules and regulations of this race.

17.2 This declaration, on the prescribed form, shall be lodged with the Race Committee at the WBYC within six hours of the boat finishing.

17.3 In exceptional circumstances the Race Committee may extend this time period.

18 BOATS RETIRING FROM THE RACE:

Any boat retiring from the race or arriving after the time limit shall report such fact to the Race Committee as soon as possible by whatever means possible and, until arrival at its destination port, is requested to communicate their daily positions, to the Race Office.

19 POSITION REPORTING:

All boats shall report their name and position to Cape Town Radio at 09h00 and 21h00 starting from 21h00 on 10th March. Handicap positions will be given by Cape Town Radio during the call in. Cape Town Radio will call each boat on Channel 16 and may require boats to go from Channel 16 to a working channel. Boats will be called in numerical sequence.

20 CALCULATION OF RESULTS:

20.1 The BASIC ELAPSED TIME of a boat shall be the interval of time from the starting time until it crosses the finish line.

20.2 The CALCULATED ELAPSED TIME of a boat shall be the basic elapsed time amended, if applicable, by any penalties imposed and/or time allowances granted by the Race Committee.

20.3 The CORRECTED TIME of a boat shall be the Calculated Elapsed Time multiplied by its IRC TCC or CLUB HANDICAP TCF, whichever is appropriate.

20.4 HANDICAP PLACINGS shall be in ascending order of corrected time.

20.5 ACTUAL PLACINGS shall be in ascending order of calculated elapsed time.

21 PROTESTS:

See NOR paragraph 13 and Amendment to Notice of Race No.1.

22 INFRINGEMENTS AND PENALTIES:

22.1 If a boat infringes any of the provisions of the Notice of Race or of the Sailing Instructions or any of the rules or regulations referred to therein, in circumstances which, in the opinion of the Race Committee, do not constitute a gross breach thereof, she may be penalised by having her basic elapsed time increased by such amounts as the Race Committee, in its discretion, deems fit. In addition, the Race Committee shall be entitled to disqualify a boat in the event of a gross breach of any of such provisions, rules or regulations. Any penalty imposed by the Race Committee pursuant to this provision will not be subject to appeal.

22.2 Boats whose entries have been accepted will, at the discretion of the Race Committee, be liable to time penalties on their basic elapsed times in respect of the following infringements:-

Paragraph	Description	Max Penalty
	Submission of incorrect information to Race Committee	90 minutes
NOR 7.5 SI 6.4 SI 6.5	Late submission of required documentation	60 minutes
NOR 9.3	Late compliance with radio check requirement	60 minutes
SI 19	Failure to report position	60 minutes
SI 15.1	Failure to comply with radio procedure at finish of race	60 minutes
SI 17.2	Late submission of Declaration	30 minutes

23 RADIO REQUIREMENTS:

- 23.1 The race channel shall be VHF channel 71.
- 23.2 Each boat shall use its name as a voice call sign.
- 23.3 VHF radios shall be capable of transmitting/receiving on VHF channels 14, 16, 23, 87, 26, 27, 1, 4 and 71

24 CHARTS:

The following charts shall be carried on board:-
 SAN 118.....Cape Town to Cape Columbine
 SAN 1002Approaches to Oranjemond
 SAN 1001.....Approached to Walvis Bay
 Or one chart showing the area Cape Town to Walvis Bay.

Recommended Charts
 SAN 73; SAN 74; SAN 75; SAN 76; SAN 77; SAN 78 AND SAN 79